

## Services for Families

Many families struggle to find effective services that support them to cope with the challenges of caring for someone with behaviour support needs.

BIS-net offers several therapeutic interventions for families individuals with Behaviour Support needs. Using a combination of therapeutic practice, behavioural expertise and developmental approaches to find the most effective and relevant support strategies. Helping families make changes that can make a real difference.



**'Our sessions have been invaluable over the past couple of years. They have helped me understand and appreciate my son so much more. My son has now managed to repair several friendships which I never would have thought possible a year ago.'** - C Jerney

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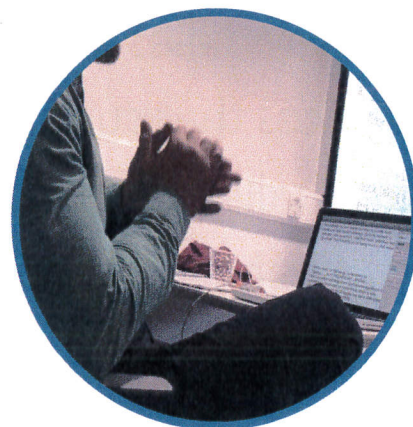
# bis-net

behaviour intervention  
support network

## Services Available

### Behaviour Support Consultation

A 6 session programme for a family supporting any individual with socially isolating or aggressive behaviours. Families work with BIS-net consultant to create a behaviour support plan that is appropriate to the child and their situation. The consultant also provides therapeutic support to the family to allow them the best chance to make changes.



### Relationship Development Intervention

An on-going programme specifically for families supporting individuals in the Autistic spectrum. Looks to re-address the stages of social, emotional and relational development that have been interrupted by the Autism.

### Family Therapy Sessions

A non-judgemental, talking therapy designed to allow individuals to explore problems from a distance, whilst valuing their own perspective and story. This can also be accessed by the individuals with the behaviour support needs themselves, providing they are willing to engage.

***All sessions are currently charged at £35 per meeting of one hour if meetings are weekly, £40 for fortnightly and £45 for monthly meetings. Families can use direct payments or other funding to access.***

For more information please ring 01392 813029 or 07715068494.

**'Having the support and access to advice has been invaluable for our family.' J Cooper**





## **2018 Parent Workshops in Exeter**

**Supporting a Young Person with Challenging or Aggressive Behaviour**

2 Day Ticket - £40

**Thursday 8th & Friday 9th November**

**Understanding & Supporting an Autistic Child**

2 Day Ticket - £40

**Thursday 15th & Friday 16th November**

**Understanding and Supporting Young People with ADHD/ADD and Developing Executive Function**

2 Day Ticket - £40

**Thursday 22nd & Friday 23rd November**

**You First: Supporting yourself to support your child**

1 Day Ticket - £40

**Friday 30th November**

**Parent Safety & Breakaway Training**

2 Day Ticket - £75

**Thursday 13th & Friday 14th December**

**All courses run from 9.30am to 2.30pm at**

**Devon Disability Collective**

**22 Marsh Green Road**

**Marsh Barton**

**Exeter EX2 8PQ**

To book online or find out more visit our website:

**[www.cedaonline.org.uk](http://www.cedaonline.org.uk)**

or contact us directly at

[sam.harris@cedaonline.org.uk](mailto:sam.harris@cedaonline.org.uk)

