



# Allergen Aware Lunch Menu



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-CELERY | NON-MUSTARD | NON-LUPIN



NON-SESAME SEEDS | NON-CRUSTACEANS | NON-MOLLUSCS

## Spring/Summer

Our Allergen Aware Menu is **FREE** from most of the top 14 legal allergens and is closely aligned to the Primary School Lunch Menu

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### Monday

**Margherita Pizza**  
with Potato Wedges (Ve)  
**or**  
**Plant Balls**  
with Steamed Rice (Ve)  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Mixed Salad  
**Pip Organic Ice Lolly**

### Tuesday

**Mediterranean Chicken**  
with Steamed Rice  
**or**  
**DF/GF Macaroni Cheese**  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Peas and Sweetcorn  
**Homemade Berry Cupcake**

### Wednesday

Roast Chicken with Roast Potatoes and Gravy  
**or**  
**Cheese and Potato Pie (Ve)**  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Carrots and Green Beans  
**Homemade Chocolate Cake**  
with Orange Wedges

### Thursday

**Bolognese**  
with **GF Pasta**  
**or**  
**BBQ Loaded Bean Bake**  
with Potato Wedges (Ve)  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Mixed Vegetables  
Fruit Jelly

### Friday

**Chicken Goujons**  
**or**  
**Vegetable Goujons (Ve)**  
with Chips  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Peas **or** Baked Beans  
**Lemon Shortbread**  
and Melon Wedge

Week One: 20 Apr | 11 May | 8 Jun | 29 Jun | 20 July | 7 Sept | 28 Sept | 19 Oct — Fresh Fruit Available Daily

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### Monday

**Margherita Pizza**  
with **GF/DF Pasta (Ve)**  
**or**  
**Vegetable Curry** with Steamed Rice (Ve)  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Sweetcorn  
Iced Fruit Smoothie

### Tuesday

**Chicken Curry**  
with Steamed Rice  
**or**  
**Cheese and Tomato Pasta Bake (Ve)**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Mixed Vegetables  
**Homemade Marble Shortbread**

### Wednesday

**Pork Sausages**  
**or**  
**Plant Sausages (Ve)**  
with Roast Potatoes and Gravy  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Carrots and Peas  
**Homemade Summer Berry and Apple Slice**

### Thursday

**BBQ Shredded Chicken**  
in a **GF/DF Wrap**  
**or**  
**Vegetarian Enchilada**  
in a **GF/DF Wrap**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Potato Wedges and Mixed Salad  
**Homemade Orange Cupcake**

### Friday

**Fish Fingers**  
**or**  
**Vegetable Goujons (Ve)**  
with Chips  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Peas **or** Baked Beans  
**Homemade Apple Flapjack**

Week Two: 27 Apr | 18 May | 15 Jun | 6 Jul | 14 Sep | 5 Oct — Fresh Fruit Available Daily

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### Monday

**Cheese and Tomato Pasta Bake (Ve)**  
**or**  
**Tex Mex Chilli**  
with Steamed Rice (Ve)  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Peas and Sweetcorn  
**Pip Organic Ice Lolly**

### Tuesday

**'Hot Dog' Pork Sausage**  
**or**  
**Plant Sausages (Ve)**  
in a **Homemade Roll**  
with Potato Wedges  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Mixed Salad  
**Homemade Shortbread**

### Wednesday

**Roast Chicken**  
with Roast Potatoes & Gravy  
**or**  
**\*Roast Quorn Pieces**  
with Roast Potatoes & Gravy  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Broccoli and Carrots  
**Iced Fruit Smoothie**

### Thursday

**Chicken Flatbread**  
with Steamed Rice  
**or**  
**Veggie Taco** with Steamed Rice  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Sweetcorn  
**Apple Crumble & (GF/DF) Custard**

### Friday

**Fish Fingers**  
**or**  
**Garden Vegetable Goujons (Ve)**  
with Chips  
**or**  
Jacket Potato with Baked Beans **and/or DF Cheese**  
served with Peas **or** Baked Beans  
**Homemade Oaty Cookie**

\*May contain **MUSTARD**

Week Three: 4 May | 1 Jun | 22 Jun | 13 Jul | 21 Sep | 12 Oct — Fresh Fruit Available

