Summer 1 2020. Weeks beginning 04.05.20 & 11.05.20 Healthy Eating

HEALTH & SELF CARE

Oliver's Fruit Salad 2 (Class 4)

Try to choose 2 activities to try each day. Favourite activities can be repeated more than once. If you can take some photos of activities to email to us or put on 'Evidence for Learning' that would be fantastic. We would love to see what you are doing. We are sending topic books home too. Please stick any work your child completes in their book. We are looking forward to your child showing us their book when we return to school. Have fun!

(Please don't worry if your child isn't keen to do activities, maybe try again later or another day).

If he/she is really not keen, please prioritise well being and regulation & find something else that you know your child enjoys.

Classes 3 and 4 teams

Curriculum Area	Activity	Resources
	_	Resources typed in blue are included in your pack
Reading	Watch the story of	Mill Water School website
	Oliver's Fruit Salad	Learning Resources; Classes 3 & 4; Oliver's Fruit Salad
		story.
	Read Oliver's Fruit Salad	Oliver's Fruit Salad symbol reader
	Can you match the symbols	
	with each page as you	
	share the story?	
	Oliver's Fruit Salad	Fruit bingo
	Picture Match	
	Can you match the picture	
	cards with the same	
	pictures on the board. eg.	
	'match banana, match the	
	apple' etc.	
Writing	Oliver's Fruit Salad	Oliver's Fruit Salad symbol sentence maker proforma
3	writing	Scissors
	Create sentences from the	Glue
	story by cutting & sticking	Pencil
	symbols to match 'Who,	
	doing, what?' & copy the	
	sentence underneath.	
	Initial Sounds Shopping	Initial sounds shopping list game resource pack.
	List Game	(Laminating not required)
	Follow the instructions to	
N.A. (I	play the game. Fruit salad maths	A venich of fruite
Maths		A variety of fruits
	Make a fruit salad, cut up	Chopping board Knife
	pieces of fruit and count as you put it in. eg; 2	Bowl
	strawberries, 1 piece of	Number cards to 5 and 10
	apple, 3 banana slices, etc.	Number cards to 5 and 10
	Find the correct number	
	card to match. Start with	
	numbers to 5, then move	
	onto numbers to 10 if your	
	child is ready. You could	
	use the '1 more' & '1 less'	
	cards to encourage your	
	cards to encourage your	

	child to add another fruit or	
	take 1 away. (eat one!!)	
		First counting conde
	Fruit counting	Fruit counting cards
	Count the fruits on a card &	Peg
	put the peg on the right	
	number.	
Fine motor	Fruit poster	Fruit cutting skills sheets
Time motor	Cut out the fruit pictures &	Scissors
	stick them on coloured	Glue
	paper to make a poster.	Coloured paper
	Playdough	Play dough ingredients; flour, oil, salt, cream of tartar,
	Make play dough and use it	food colouring
	to make fruit salad to fill the	Play dough recipe
	bowl on the play dough	Play dough mats
	mat.	Triay dough mats
	Oliver's Fruit Salad	Fruit calcuring about
		Fruit colouring sheets
	colouring	Pens/ crayons
PE	Daily exercise	Mill Water School website; Learning Resources
	Walk with social distancing	Resources & ideas; Exercise ideas print outs
	Playing in the garden	PE & dance,
	Ideas on school website	Special yoga,
		Health & wellbeing
		Exercise with Janet
Outdoor Learning	Garden stick frame	Sticks
Outdoor Learning	Make the most of the better	Natural objects
	weather to get outside and	Information sheet
	create a picture or pattern	mornation shoct
	·	
	using natural objects you	
	find; eg. sticks, leaves,	
	stones, etc. Take a photo	
	of your creation.	
Cooking	Fruit salad/ Fruit kebabs	Fruit salad recipe
9		Ingredients
		Utensils
Art	Bubble wrap fruit printing	Paints
	Cut out the fruit outlines.	Paint brush
	For each fruit, decide on the	Bubble wrap
	colours then paint onto the	Fruit outlines
	bubble wrap to get an even	Sugar paper
	coverage. Place the fruit	Glue stick
	cut out onto the painted	Scissors
	· ·	0033013
	bubble wrap to print your	
	fruit. Allow your fruits to dry,	
	then stick them onto sugar	
	paper.	
	*	
	Sample vield Pearling	
	HAVA WE MEDIATORY	
	Handprints	Clay

Topic	How & where do fruits & vegetables grow ppt. Share the ppt. & talk about how & where fruits & vegetables grow.	Mill Water School website Learning Resources; Classes 3 & 4; How & where do fruits & vegetables grow ppt.
	Mill Water School Sunflower grow Have fun planting your sunflower seed. Watch it grow to bring you a bit of sunshine from Mill Water School!	Sunflower growing kit
Music	Fruit music Join in with some veg and fruit themed songs. You could add a musical accompaniment with percussion instruments or sauce pans & wooden spoons, etc.	Percussion instruments Pots, pans, wooden spoons, etc. https://www.youtube.com/watch?v=y1ui4ME5IQQ https://www.youtube.com/watch?v=OFkrRdh1YtY
Attention All		