



IS a partnership of organisations who work with families of disabled children and adults who have a range of support needs. Front Line Families is able to offer a range of initiatives that are specifically designed to meet the needs of this community of families who have been particularly hard hit by the restrictions in place. **To find out more:** <http://bit.ly/FrontlineFamilies>.

Zoom Room Chats, fortnightly Monday night to bring family members together who have:

Young people and adults in Assessment and Treatment Units or in residential placements including supported living with learning disabilities and or autism.

These sessions will offer peer support, build networks, overcome isolation and will be a safe place for family members to share experiences about what is working and what is not working.

Parent written **Survival Guides and other resources:**

www.bringingustogether.org.uk

For more information or to get involved contact:

katie@bringingustogether.org.uk

Facebook groups:

Stronger Together - Making a Difference – Private Facebook Group

www.facebook.com/groups/1743342775877557/

Bringing Us Together – Open Page

www.facebook.com/bringingustogether/

Bringing Us Together – our members sharing private group

www.facebook.com/groups/parentforumsharing/

Or follow us on Twitter

<https://twitter.com/busttogether>



Family Support line for families whose relative has a severe learning disability, providing information, support and case work.

Legal panel enquiries, lawyers that answer legal questions.

For either of these services email on support@theCBF.org.uk, or telephone on 0300 666 0126.

Covid-19 resources, new information sheets and videos covering handwashing, facemasks, legal FAQs and more, <https://bit.ly/CV19info>.

Printed newsletter with information useful during the pandemic. Sign up to the newsletter by phoning 01634 838739, or here: <http://bit.ly/Cbfsignup>.

Family Carers' Email Network puts families in touch with others to share experiences and suggestions. Apply here: <https://bit.ly/CBFFEN>.

Carer Catch-ups are informal virtual chat groups with other families of children or adults with severe learning disabilities

For more information about these email us at network@theCBF.org.uk.

CBF Behaviour Chats aim to help with crisis behaviour at home. Families can share their "right here, right now" concerns about challenging behaviour with a small group. Contact: cbfbehaviourchat@theCBF.org.uk for more info.

Our private Facebook Groups for:

Families of SEND children with Violent and Challenging Behaviour (VCB) www.facebook.com/groups/SENDVCBProjFamilies/

Dads and other close male relatives of SEND children with VCB www.facebook.com/groups/584119188764221/

Professionals and other staff who work with this group families www.facebook.com/groups/COPSENDVCBProj/

Our public Facebook Pages sharing info about:

SEND VCB and related topics www.facebook.com/TheSENDVCBProject/

More general disability www.facebook.com/thespecialparentshandbook/

Or follow Yvonne on **Twitter** - [@YvonneNewbold](https://twitter.com/YvonneNewbold)

Written and Video Resources to support parents and staff in helping SEND children to move beyond their violent episodes: <https://yvonnnewbold.com/resources-on-send-vcb/>

Training workshops for parents and professionals covering a range of issues with a focus on sharing the skills to be able to work with a child to reduce their violent episodes

Five webinars on consecutive Tuesday evenings at 8pm at a cost of £2.50 each, (free places available for families facing financial hardship). Your child does not have to be violent towards others to qualify for a place. The topics are:

11th August – How to reduce violent meltdowns and extreme behaviour

18th August – How to keep brothers and sisters safe and happy

25th August – You Can Do This! How to keep going without running on empty

1st September – Understanding anxiety and how to reduce it in you and your child

8th September – How to boost your child's self-esteem

<https://yvonnnewbold.com/webinars-workshops-courses-and-books/>

