

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	West Country Sausages with Mashed Potato and Gravy or Tomato Ketchup	Chicken Loaded Tortilla Boats	Roast Pork, Apple Sauce & Gravy	Spaghetti Bolognese	Mini Battered Fish Fillet
Option 2	Quorn & Vegetable Fajita & Rice	Cheesy Pizza Muffin	Tomato Tumble	Spanish Omelette	Cheese Wheels
Served with	Carrots & Cauliflower or Baked Beans	Potato Wedges, Sweetcorn & Peas	Broccoli, Carrots, Boiled or Roast Potatoes	Garlic Bread, Green Beans & Sweetcorn	Chips, Seasonal Vegetables or Salad Sticks and Tomato Ketchup
and for Pudding	Chocolate Cracknel or Fresh Fruit	Raspberry & Apple Sponge & Custard or Fresh Fruit	Fruit Jelly & Langage Farm Ice Cream	Fresh Fruit Platter	Custard Biscuit or Fresh Fruit
Jacket Potato	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school
Packed Lunch	Ham & Salad Pasta Pot	Sausage Sandwich	Cheese Salad Wrap	Roast Pork & Apple Sauce Baguette	Tuna Mayo & Cucumber Roll
Available Each Day	Fresh fruit, salad, bread, yoghurt and water				
Week starting:	28/09/20 19/10/20				

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Pork Meatballs in Tomato Sauce	Cheese & Tomato Pizza	Roast Chicken & Stuffing with Gravy	Breakfast Brunch	Fish Fingers
Option 2	Cauliflower Cheese Bake	Vegan Sausage Roll & Tomato Ketchup	Vegetable Plait & Gravy	Vegetable Lasagne	Vegetable & Bean Enchilada
Served with	Farmhouse Mixed Vegetables, Pasta	New Potatoes, Sweetcorn & Broccoli	Roast or Mashed Potato, Cabbage & Carrots	Crusty Bread, Seasonal Vegetables or Summer Salad	Chips, Seasonal Vegetables or Salad Sticks and Tomato Ketchup
and for Pudding	Peaches & Langage Farm Ice Cream or Fresh Fruit	Fresh Fruit Platter	Organic Ice Lolly or Fresh Fruit	Vanilla Cup Cake or Fresh Fruit	Chocolate & Date Cookie or Fresh Fruit
Jacket Potato	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school
Packed Lunch	Egg Salad Wrap	Tomato & Roasted Red Pepper Pasta Pot	Fish Finger Bap	Tuna Mayo & Cucumber Baguette	Cheese & Pickle Roll
Available Each Day	Fresh fruit, salad, bread, yoghurt and water				
Week starting:	14/09/20 05/10/20				

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Beef Grill served in a Bun with Tomato Ketchup & Potato Wedges	Salmon & Sweet Chilli Noodles	Roast Beef & Gravy	Hunters Chicken & Rice	Mini Battered Fish Fillet
Option 2	Vegetable Chilli & Rice	Macaroni Cheese	Homity Pie	Tomato Pasta Bake	Vegetable Fingers
Served with	Baked Beans, Sweetcorn	Crusty Bread, Carrots & Peas	Roast or Mashed Potato, Carrots, Green Beans	Roasted Seasonal Vegetables & Rainbow Salad	Chips, Seasonal Vegetables or Salad Sticks and Tomato Ketchup
and for Pudding	Sticky Chocolate Cake & Chocolate Sauce or Fresh Fruit	Cherry & Apple Crumble & Ice Cream or Fresh Fruit	Fresh Fruit Salad or Cheese & Biscuits	Organic Ice Lolly or Fresh Fruit	Oat Cookie or Fresh Fruit
Jacket Potato	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school	With Filling of the Day * check with school
Packed Lunch	Egg & Cress Roll	Tuna & Sweetcorn Pasta Pot	Ham Salad Wrap	Roast Beef Baguette	Vegan Sausage Roll
Available Each Day	Fresh fruit, salad, bread, yoghurt and water				
Week starting:	21/09/20 12/10/20				