

# INFORMATION SESSIONS

IN THE EXMOUTH ACADEMIC LEARNING COMMUNITY (new funding available for TAs)

(Parents, teaching assistants, teachers, child-minders and other interested parties all very welcome.)

1:30 – 3pm repeated 3:30 - 5pm in the community room at

## WITHYCOMBE RALEIGH C OF E PRIMARY SCHOOL

Topic	Date	Notes
<b>Learning to Wait</b>	Friday 6 <sup>th</sup> November	Why is it so important to be able to wait? It is the basis of resilience, social interaction (turn taking) and self-control (internal discourse). Educational Psychologist presenting.
<b>How social stories prevent meltdowns and PDA (ASD)</b>	Friday 13 <sup>th</sup> November	As anxiety is at the root of so many behaviours, anyone wanting a greater understanding of these, would benefit from attending.
<b>When people hurt children what happens to their brains?</b> (Research by Dr Martin Teicher)	Friday 20 <sup>th</sup> November	Compelling evidence that emotional distress is detrimental to children's wellbeing and how to control without shouting. What exactly will cause damage; examining vulnerability.
<b>Question &amp; Answer session with educational psychologist</b>	Friday 27 <sup>th</sup> November	Bring your questions – or better still phone or email them in advance and we will find strategies to fit 😊
<b>What is a sensory diet?</b>	Friday 4 <sup>th</sup> December	Children who overreact /are not maximising their potential; could this be the way forward for your child (in class/at home)?
<b>Bereavement/loss/grief/change</b>	Friday 11 <sup>th</sup> December	How to help a child suffering from one of these debilitating issues, including working through the stages of grief.

😊NO CHARGE – REFRESHMENTS INCLUDED! 😊 PLEASE LET US KNOW IF YOU WOULD LIKE OTHER TOPICS 😊

To book a place or ask for further information, please ring 01395-263397 ext3 (Please leave a message if necessary and I will get back to you) or email [chollingsworth@wrpschool.org](mailto:chollingsworth@wrpschool.org) . Thank you.