

1st June 2015 – For the attention of Parents/Carers of Mill Water School pupils, please find below newsletter received from Lifeworks.



Supporting children and young adults with
learning disabilities



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SPORT AND LEISURE
BREAKING THE BARRIER

DATES FOR BREAKING THE BARRIER 2015

Saunton Sands – Saturday, 27th June

Polzeath – Sunday, 5th July

Bigbury-on-Sea – Sunday, 19th July

Breaking the Barrier addresses the very real need for sporting opportunities that cater for children and young adults with learning disabilities.

For the past 8 years, we have held free, one-day surf events for learning disabled young people and their families at different locations around the country, hosted by a network of professional surf schools. The events currently take place at Bigbury-on-Sea, South Devon, Saunton Sands in North Devon and Polzeath in Cornwall.

These events are not intended to provide formal lessons, but rather to offer the thrill of experiencing surfing and where possible, standing on a surfboard as it catches a wave, with a specialist instructor riding in tandem. For more information please see our events page: <http://www.lifeworks-uk.org/our-events/>

Please note that advance booking is essential. **To apply for a session at Breaking the Barrier 2015, please follow the link and print and return the application pack to the address provided:**

<http://www.lifeworks-uk.org/wp-content/uploads/2014/05/Breaking-the-Barrier-2015-form.pdf>

P.S. If you are looking for information on how to make a donation or sponsor a place at Breaking the Barrier, please follow this link: <http://www.lifeworks-uk.org/2015/02/sponsor-a-child-to-surf/>

